

# **Treatments**

# **Important Considerations**

#### Arrival

Please arrive 5 minutes before your appointment if you are a hotel guest.

Please arrive 15 minutes before your appointment to register if you are not a hotel guest.

If you arrive late, your appointment will be shortened out of consideration for the next customer.

### Cancellations

If you need to change or cancel an appointment, please give us 24 hours' notice.

We reserve the right to charge you the full cost for any missed appointments. For our non-hotel guests, please note that we request credit card details to secure bookings.

### **Health Conditions**

When making your booking, please advise us of any health problems, allergies, injuries or a pregnancy. No treatments can be given in the first 12 weeks of pregnancy.

# Personal Hygiene

For the best massage experience, we kindly recommend showering prior to your appointment. Clean skin enhances the benefits of the treatment and ensures a comfortable and refreshing session for both you and your therapist.

For hotel guests: Please arrive in your bathrobe to avoid getting oil on your clothes after the treatment.

# Information & booking

Please contact the SPA reception or hotel reception: int. 800 | tel. +41 27 966 68 68

Massage is not just a luxury;it's a way to a healthier,happier life.So let us guide you to relax,unwind and rejuvenate.



BEAUSITE Zermatt Brunnmattgasse 9 3920 Zermatt | Switzerland sos@beausitezermatt.ch +41 27 966 68 68 www.beausitezermatt.ch

# Classical massages

# **BEAUSiTE Signature**

A personalized massage tailored to individual needs, focusing on specific areas and preferences.

75 min. | CHF 240 100 min. | CHF 320

### Relaxing

A comforting full body massage (except stomach) for muscle relaxation and body circulation. Also possible without essential oil.

25 min. | CHF 90 50 min. | CHF 150 75 min. | CHF 220

### Sport

Suitable for relieving muscular tension, rehabilitation after injury and for deep tissue massage, using arnica oil.

25 min. | CHF 90 50 min. | CHF 150 75 min. | CHF 220

### Back and Head

A stress reducing treatment of the back, shoulders, neck, scalp and face.

25 min. | CHF 90 50 min. | CHF 150

# Yin-Yang

Massage of the upper back, shoulders and head, followed by a foot massage.

50 min. | CHF 150

# Happy Feet

A revitalizing muscular massage with pressure points from the feet to the knees.

25 min. | CHF 90 50 min. | CHF 150

# Special massages

# Ayurveda Abhyanga

An ancient Indian, rhythmic full-body massage with gentle pressure and warm sesame oil. Nourishes the skin and harmonises body, mind and soul.

50 min. | CHF 170 75 min. | CHF 230

#### Lomi-Lomi

Traditional Hawaiian full-body massage with warm coconut oil. The use of hands and forearms releases muscle tension and activates body and mind.

50 min. | CHF 170 75 min. | CHF 230

# Lymphatic drainage

Light pressure technique to promote lymphatic flow, reduce swelling and eliminate toxins.

50 min. | CHF 170 75 min. | CHF 230

#### Hot Stone

Heated volcanic basalt stones glide over energy lines and muscles to provide deep relaxation.

50 min. | CHF 170 75 min. | CHF 230 Prenotice 3 hours

### **Zermatt Touch**

 $\boldsymbol{\Lambda}$  treatment with hot stones for the back, followed by a foot massage.

50 min. | CHF 170 Prenotice 3 hours

### On the rocks

A combination of classic massage techniques and hot stones for the muscle area of your choice.

50 min. | CHF 170 75 min. | CHF 230

# Body treatments

Experience our heated SPAVITAL stone table with treatments that promote the well-being of body and mind. We recommend that you visit the steam bath about ten minutes before the treatment.

### Sultan the Magnificient

Full-body scrub with a special exfoliation mitten and a bubble soap massage, followed by a full-body oil massage to nourish the skin.

75 min. | CHF 260 Prenotice 24 hours Not suitable for pregnant women.

### Princess Sheherazade

Full-body scrub with a special exfoliation mitten and a bubble soap massage, followed by a hot stones massage for skin rehydration and pure relaxation.

75 min. | CHF 260 Prenotice 24 hours Not suitable for pregnant women.

#### Detox

Full-body sea salt scrub, followed by a seaweed wrap and a full-body detox oil massage to regenerate the skin.

75 min. | CHF 260 Prenotice 24 hours Not suitable for pregnant women.

### Pain Relief

Full-body scrub with a mixture of Epsom salt and sugar. Followed by a clay and rosemary oil wrap specially developed for the joints and muscles. Rounded off by a full-body massage with arnica oil for rejuvenation and skin rehydration.

75 min. | CHF 260 Prenotice 24 hours Not suitable for pregnant women.